


## MARCH 2024

**No programs March 11-15, 2024**



|                         | Monday  | Tuesday   | Wednesday   | Thursday   |
|-------------------------|---|---|---|--|
| <b>Indoor Programs</b>  | <b>Learn and Play</b><br>9:30-11:30 AM<br>Aldergrove Public School<br>Birth-6 years<br>unregistered | <b>Family Yoga Time</b><br>9:30-11:30 AM<br>Aldergrove Public School<br>Birth-6 years<br>unregistered |   | <b>Storytime</b><br>9:30-11:30 AM<br>Aldergrove Public School<br>Birth-6 years<br>unregistered   |
| <b>Virtual Programs</b> | <b>#Bedtime Stories</b><br>6:30PM<br>Facebook Live<br>Birth-6 years<br>unregistered                 | <b>#Rhymes&amp;Music</b><br>12:30PM<br>Facebook Live<br>Birth-6 years<br>unregistered                 | <b>#Storytelling</b><br>12:30PM<br>Facebook Live<br>Birth-6 years<br>unregistered       | <b>#PlayandLearn</b><br>12:30PM<br>Facebook Live<br>Birth-6 years<br>unregistered  |
| <b>Outdoor Programs</b> |   |   | <b>Nature Walk</b><br>9:30-11:00 AM<br>Aldergrove Park<br>Birth-6 years<br>unregistered |  <b>welcome to kindergarten</b><br>Do you have a child eligible for Kindergarten in September? If so, take a peek at the upcoming Learning Together Conference on March 2. Information below. |

## Program Descriptions

**Family Yoga Time** - This interactive, indoor program is designed specifically for the energetic and curious nature of children Birth to 6 years of age. This program will introduce basic yoga concepts in a fun and age-appropriate manner, promoting physical activity, flexibility, relaxation and mindfulness for both children and their caregivers and also nurtures their social and emotional well-being in a playful and creative setting.

**Storytime** - The Storytime program is a delightful and educational experience for children. Storytime sessions typically feature a selection of age-appropriate books and stories, often centered around a theme such as friendship, animals, or adventure. Parents and caregivers are encouraged to participate, helping to make it a fun and enriching experience for the whole family.

**Learn and Play** - This indoor program follows a developmental approach aimed at fostering the cognitive, emotional, social, and physical growth of children from birth to six years old through interactive and enjoyable activities. The focus is to provide learning through free play and build positive relationship amongst families. **Special events: March 7 - Ramadan Art and Crafts celebration and Food Drive: Growing Kindness with young children & March 28- Springtime Sprouts: Easter Crafts for children.**

**#Storytelling** - Snuggle up in a cozy spot at home and get ready to relax and enjoy a story.

**Nature Walk** - Nature walk is a nature-based outdoor program tailored for children aged 0-6 years, dedicated to fostering a deep connection with the natural world. Through immersive experiences, our program aims to instill a sense of wonder and appreciation for the environment while promoting holistic development and a lifelong love for nature. Located at Aldergrove Park.

**#PlayandLearn** - Join us on Facebook for parents and caregiver to learn different hands-on, open-ended activities for children.

**#Rhymes&Music** - Join us on Facebook for a lively, interactive session designed to engage young minds with rhythm and melody. Through age-appropriate songs and playful rhymes, children can explore language development, coordination, and social interaction in a fun, stimulating environment.

**#BedtimeStories** - Join us live on Facebook for dreamland tales is an enchanting online bedtime stories program created to make the bedtime routine a magical and educational experience for children.

### Learning Together Conference:

A face-to-face session for the parents, caregivers, and their kindergarten children.

Together, the family members will engage in fun and interactive workshops and other learning opportunities. Each family will receive a Learning Together Conference Bag with books and resources. at the in-person session. Door prizes throughout the conference.

Part One: (Virtual) Thursday February 29 6:30-8:30 pm Register @ <https://docs.google.com/forms/d/e/1FAIpQLSesD3qNLO0HF9MzZC-x85E0Hm-udLZnjebwFiqNTokMDuq9yA/viewform>

Part Two: (In-Person) Saturday, March 2 8:30 - 11:30 a.m. Register @ <https://www.eventbrite.ca/e/learning-together-conference-experiencing-the-joy-of-kindergarten-tickets-779723944307?aff=ebdssbdestsearch>  
OR 1:00 - 4:00 p.m. Register @ <https://www.eventbrite.ca/e/learning-together-conference-experiencing-the-joy-of-kindergarten-tickets-779739982277?aff=ebdssbdestsearch>

Join our private Facebook group for virtual programs, by visiting: <https://www.facebook.com/groups/markhamcapc>

