

JANUARY 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
Virtual Programs		#FunwithFood 3:00PM Facebook Live Birth-6 years unregistered	#StoryStretchers 1:30PM Facebook Live Birth-6 years unregistered		
Indoor Programs	Simple Science 9:00-11:00 AM The Link Birth-6 years unregistered	Play & Learn 9:30-11:30 AM Morning Glory Public School Birth-6 years unregistered Parent Coffee Chat 9:30-10:30 AM Morning Glory P. S. Parents and Caregivers unregistered	Play & Learn 9:30-11:30 AM Morning Glory Public School Birth-6 years unregistered Stay and Play 9:00-11:00 AM The Link Birth-6 years Facilitated by EarlyON. Visit york.ca/EarlyON for details		Stay and Play 9:00-11:00 AM The Link Birth-6 years Facilitated by EarlyON. Visit york.ca/EarlyON for details
Outdoor Programs		Forest Walk 1:30-2:30 PM Pefferlaw Lions Hall Birth-6 years unregistered		Frosty Friends 9:30-10:30 AM The ROC Birth-6 years unregistered	

Program Descriptions

#FunwithFood - Together we will focus on the pleasure associated with discovering new food using the senses and where it comes from.

Simple Science - Join us for science experiments that are simple, visually stimulating, hands-on, and sensory-rich for discovery and exploration at the Link (Mondays AM).

Play and Learn - The focus on this program is on supporting your child's learning through play. Each week includes an assortment of activities that encourage children to use their five senses and movement to explore and discover at Morning Glory P.S. (Tuesdays AM and Wednesdays AM).

Parent Coffee Chat - Join us in person for a cup of coffee or tea and a friendly chat. Parents will meet, have conversations, swap stories, and give support to each other. You can drop in or stay for the full time. Child minding, coffee and tea available. **January 10th, 17th, 24th, and 31st.**

Frosty Friends - In this program we enjoy a walk and do some fun winter activities while getting our bodies moving and creating healthy social experiences. **Registration required.** To register, please email capcyorkregion@yorkchild.ca and include: names of adult(s) & child(ren), program name, day of the week and phone number.

#StoryStretchers - Snuggle up in a cozy spot and get ready to relax and enjoy a story and some ways to S-T-R-E-T-C-H and integrate your children into a story with drama, games, crafts and sensory experiences.

Registration for programs opens on December 23, 2022 at 9:00AM.

Join our private Facebook group for virtual programs, by visiting:

<https://www.facebook.com/groups/georginacapc>

