

JANUARY 2023

	Monday	Tuesday	Wednesday	Thursday
Virtual Programs			<p>#MorningCircle 9:00AM Facebook Live Birth-6 years unregistered</p> <p>#StoryStretchers 12:00PM Facebook Live Birth-6 years unregistered</p>	
Indoor Programs	<p>Simple Science 9:30-11:30 AM Discovery Public School Birth-6 years unregistered</p>	<p>Play & Learn 9:30-11:30 AM Teston Village Public School Birth-6 years unregistered</p>		<p>Simple Science 9:30-11:30 AM Teston Village Public School Birth-6 years unregistered</p>
Outdoor Programs			<p>Music in the Park 9:30-11:00 AM Mackenzie Glen District Park Birth-6 years unregistered</p>	

Program Descriptions

#MorningCircle - Join us for an interactive program full of songs, stories, rhymes, and finger plays.

Play and Learn - The focus on this program is on supporting your child's learning through play. Each week includes an assortment of activities that encourage children to use their five senses and movement to explore and discover at Discovery P.S., Portable #1 (Mondays AM) and at Teston Village P.S., Room # 101 (Tuesdays AM).

#StoryStretchers - Snuggle up in a cozy spot and get ready to relax and enjoy a story and some ways to S-T-R-E-T-C-H and integrate your children into a story with drama, games, crafts and sensory experiences.

SimpleScience - Join us for science experiments that are simple, visually stimulating, hands-on, and sensory-rich for discovery and exploration at Discovery P.S. (Mondays AM) and Teston Village P.S. (Thursdays AM).

Music in the Park - In this program we enjoy the wonderful space at Mackenzie Glen District Park (Wednesdays PM) and engage in music and movement activities that stimulate creative, physical, active and social experiences. **Registration Required.** To register, please email capcyorkregion@yorkchild.ca and include: names of adult(s) & child(ren), program name, location, and phone number.

Registration for programs opens on December 23, 2022 at 9:00AM.

Join our private Facebook group for virtual programs, by visiting:
<https://www.facebook.com/groups/vaughnancapc> 



Registration Information for Outdoor CAPC Programs

- Outdoor programs will be held in community parks/forests that offer easy accessibility, the capability to physical distance and the enjoyment of nature.
- To register, please email capcyorkregion@yorkchild.ca and include: names of adult(s) & child(ren), program name, location, day of the week and phone number.
- Outdoor programs will run rain or shine, dress accordingly. In the event of extreme weather conditions, families will be contacted.
- Feel free to bring your own nut-free snack and water.

Individual Family Support

If you would like to connect with a CAPC Educator, visit [CAPC Family Support](#) and provide your contact information. An Educator will respond to your request.

Additional Information

For more information and resources please visit, like and follow:



Website: [York Child Development and Family Services Inc.](#)



Facebook: [York Child Development & Family Services Inc.](#)



Instagram: [York Child Development & Family Services Inc.](#)