

NOVEMBER 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
Virtual Programs	<p>#NatureCrafts 3:00 PM Facebook Live Birth -6 years</p>		<p>#StoryStretchers 1:00 PM Facebook Live Birth-6 years</p>		
Indoor Programs	<p>Play and Learn 9:00-11:00 AM The Link Birth-6 years unregistered</p>	<p>Play & Learn 9:30-11:30 AM Morning Glory P. S. Birth-6 years unregistered</p>	<p>Stay and Play 9:00-11:00 AM The Link Birth-6 years Facilitated by EarlyON. Visit york.ca/EarlyON for details</p> <p>Play & Learn 9:30-11:30 AM Morning Glory P. S. Birth-6 years unregistered</p>		<p>Stay and Play 9:00-11:00 AM The Link Birth-6 years Facilitated by EarlyON. Visit york.ca/EarlyON for details</p>
Outdoor Programs		<p>Walking to Wellness 1:30-2:30 PM The ROC Birth-6 years registration required</p>		<p>AutumnAdventures 9:30-11:00 AM The ROC Birth-6 years registration required</p>	

Program Descriptions

Nature Crafts - This program will encourage you to head on outdoors so you'll be surrounded by amazing arts and crafts materials at your fingertips then use these nature crafts and activities to capture the beauty of nature on your return.

Play and Learn- The focus on this program is on supporting your child's learning through play. Each week includes an assortment of activities that encourage children to use their five senses and movement to explore and discover at The Link (Mondays AM) and Morning Glory P.S. (Tuesdays AM and Wednesdays AM).

Walking to Wellness - Lets stretch our legs, work our muscles and chat while we enjoy a walk and create healthy and lasting connections and walk our way to wellness. **Registration required.** To register, please email mbhogal@yorkchild.ca and include: names of adult(s) & child(ren), program name, location, and phone number. This program runs rain or shine.

#StoryStretchers - Snuggle up in a cozy spot and get ready to relax and enjoy a story and some ways to S-T-R-E-T-C-H and integrate your children into a story with drama, games, crafts and sensory experiences.

Autumn Adventures - In this program we enjoy the wonderful space at The ROC (Thursday AM) and have the chance to explore and interact with a variety of materials including natural materials, plastics, metals, clay, and more! **Registration required.** To register, please email mbhogal@yorkchild.ca and include: names of adult(s) & child(ren), program name, location, and phone number. This program runs rain or shine.

Registration for programs opens on October 21, 2022 at 9:00AM.

Join our private Facebook group for virtual programs, by visiting:

<https://www.facebook.com/groups/georginacapc>



Registration Information for Outdoor CAPC Programs

- Outdoor programs will be held in community parks/forests that offer easy accessibility, the capability to physical distance and the enjoyment of nature.
- To register, please email mbhogal@yorkchild.ca and include: names of adult(s) & child(ren), program name, day of the week and phone number.
- Outdoor programs will run rain or shine, dress accordingly. In the event of extreme weather conditions, families will be contacted.
- Feel free to bring your own nut-free snack.

Individual Family Support

If you would like to connect with a CAPC Educator, visit [CAPC Family Support](#) and provide your contact information. An Educator will respond to your request.

Additional Information

For more information and resources please visit, like and follow:



Website: [York Child Development and Family Services Inc.](#)



Facebook: [York Child Development & Family Services Inc.](#)



Instagram: [York Child Development & Family Services Inc.](#)