

## SEPTEMBER 2022

	Monday	Tuesday	Wednesday	Thursday
Virtual Programs	<p><b>#MorningCircle</b> 9:00 AM Facebook Live Birth- 6 years</p>	<p><b>#UrduCircle</b> 1:00 PM Facebook Live Birth-6 years</p>	<p><b>#MorningCircle</b> 9:00 AM Facebook Live Birth- 6 years</p> <p><b>#MakeltThursday</b> 1:00 PM Facebook Live 2- 6 years</p>	<p><b>#AfternoonStory</b> 1:00 PM Facebook Live Birth-6 years</p>
Indoor Programs	<p><b>Play &amp; Learn</b> 9:30-11:30 AM Discovery Public School Birth-6 years</p>	<p><b>Play &amp; Learn</b> 9:30-11:30 AM Discovery Public School Birth-6 years</p>		
Outdoor Programs			<p><b>Music in the Park</b> 9:30-10:30 AM Mackenzie Glen District Park Birth-6 years</p>	<p><b>Walk and Talk</b> 9:30-10:30 AM Mackenzie Glen District Park Birth-6 years</p>

### Program Descriptions

**#MorningCircle** - Join us for an interactive program full of songs, stories, rhymes, and finger plays.

**Play and Learn** - The focus on this program is on supporting your child's learning through play. Each week includes an assortment of activities that encourage children to use their five senses and movement to explore and discover at Discovery P.S., Portable #1 (Mondays and Tuesdays AM).

**#UrduCircle** - Join us for some interactive songs and stories in Urdu. A wonderful way to strengthen the mother tongue while building a foundation for learning. A wonderful opportunity to learn a language for non-Urdu speaking children.

**#MakeltThursday** - Join us and learn new ideas and create together in the comfort of your home.

**#AfternoonStory** - Tune in for story time fun, including songs, puppets and more.

**Music in the Park** - In this program we enjoy the wonderful space at Mackenzie Glen District Park (Wednesdays AM) and engage in music and movement activities that stimulate creative, physical, active and social experiences. **Registration Required.** To register, please email [mbhogal@yorkchild.ca](mailto:mbhogal@yorkchild.ca) and include: names of adult(s) & child(ren), and phone number.

**Walk and Talk** - In this program we enjoy a walk and conversation at the beautiful space at Mackenzie Glen District Park (Wednesday PM) and get our bodies moving while creating healthy social experiences. **Registration required.** To register, please email [mbhogal@yorkchild.ca](mailto:mbhogal@yorkchild.ca) and include: names of adult(s) & child(ren), program name, day of the week and phone number.

**Registration for programs opens on September 02, 2022 at 9:00AM.**

Join our private Facebook group for virtual programs, by visiting:

<https://www.facebook.com/groups/vaughancapc>



For registration, more information or to determine eligibility for free transportation to a program:  
Manpreet Bhogal, Project Facilitator. Mobile: (905) 806-1895 or Email: [mbhogal@yorkchild.ca](mailto:mbhogal@yorkchild.ca)

### Registration Information for Outdoor CAPC Programs

- Outdoor programs will be held in community parks/forests that offer easy accessibility, the capability to physical distance and the enjoyment of nature.
- To register, please email [mbhogal@yorkchild.ca](mailto:mbhogal@yorkchild.ca) and include: names of adult(s) & child(ren), program name, day of the week and phone number.
- Outdoor programs will run rain or shine, dress accordingly. In the event of extreme weather conditions, families will be contacted.
- Feel free to bring your own nut-free snack.

### Individual Family Support

If you would like to connect with a CAPC Educator, visit [CAPC Family Support](#) and provide your contact information. An Educator will respond to your request.

### Additional Information

For more information and resources please visit, like and follow:



**Website:** [York Child Development and Family Services Inc.](#)



**Facebook:** [Vaughan-CAPC](#)



**Instagram:** [York Child Development & Family Services Inc.](#)