

SEPTEMBER 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
Virtual Programs	<p>#MorningCircle 9:00 AM Facebook Live Birth -6 years</p> <p>#MakeitMonday 3:00 PM Facebook Live Birth -6 years</p>		<p>#MorningCircle 9:00 AM Facebook Live Birth -6 years</p>	<p>#StoryStretchers 12:00 PM Facebook Live Birth-6 years</p>	
Indoor Programs	<p>Play and Learn 9:00-11:00 AM The Link Birth-6 years unregistered</p>		<p>Gardening 9:30-11:00 AM The Keswick Christian Church Birth-6 years</p> <p>Stay and Play 9:00-11:00 AM The Link Birth-6 years Facilitated by EarlyON. Visit york.ca/EarlyON for details</p>		<p>Stay and Play 9:00-11:00 AM The Link Birth-6 years Facilitated by EarlyON. Visit york.ca/EarlyON for details</p>
Outdoor Programs		<p>Forest Walk 9:30-10:30 AM The ROC Birth-6 years</p> <p>Wild Art 11:00-12:30 PM The ROC Birth-6 years</p>		<p>Wild Art 9:30-11:00 AM The Pefferlaw Lions Hall Birth-6 years</p>	

Program Descriptions

#MorningCircle - Join us for an interactive program full of songs, stories, rhymes, and finger plays.

#MakeitThursday - Join us and learn new ideas and create together in the comfort of your home.

Play and Learn- The focus on this program is on supporting your child's learning through play. Each week includes an assortment of activities that encourage children to use their five senses and movement to explore and discover at The Link (Mondays AM).

#ForestWalk- Lets stretch our legs, work our muscles and chat while we enjoy a forest walk in the great outdoors at The ROC. Registration Required. To register, please email mbhogal@yorkchild.ca and include: names of adult(s) & child(ren), and phone number.

Wild Art - In this program we enjoy the wonderful space at The ROC (Tuesdays AM) and The Pefferlaw Lions Hall (Thursdays AM) and have the chance to explore and interact with a variety of materials including natural materials, plastics, metals, paint, goop, and more! **Registration required.** To register, please email mbhogal@yorkchild.ca and include: names of adult(s) & child(ren), program name, day of the week and phone number.

Gardening- Families will plant, cultivate, and harvest at our own CAPC garden plot! Learn healthy, easy recipes to cook with homegrown veggies and herbs, read, rhyme, explore, play, and hone your early gardening skills The Keswick Christian Church (Wednesdays AM). **Registration Required.** To register, please email mbhogal@yorkchild.ca and include: names of adult(s) & child(ren), and phone number.

#StoryStretchers - Snuggle up in a cozy spot and get ready to relax and enjoy a story and some ways to S-T-R-E-T-C-H and integrate your children into a story with drama, games, crafts and sensory experiences.

Registration for programs opens on September 02, 2022 at 9:00AM.

Join our private Facebook group for virtual programs, by visiting:

<https://www.facebook.com/groups/georginacapc>



Registration Information for Outdoor CAPC Programs

- Outdoor programs will be held in community parks/forests that offer easy accessibility, the capability to physical distance and the enjoyment of nature.
- To register, please email georgina.capc@gmail.com and include: names of adult(s) & child(ren), program name, day of the week and phone number.
- Outdoor programs will run rain or shine, dress accordingly. In the event of extreme weather conditions, families will be contacted.
- Feel free to bring your own nut-free snack.

Individual Family Support

If you would like to connect with a CAPC Educator, visit [CAPC Family Support](#) and provide your contact information. An Educator will respond to your request.

Additional Information

For more information and resources please visit, like and follow:



Website: [York Child Development and Family Services Inc.](#)



Facebook: [York Child Development & Family Services Inc.](#)



Instagram: [York Child Development & Family Services Inc.](#)