

JUNE 2022

| | Monday | Tuesday | Wednesday | Thursday |
|------------------|--|--|--|---|
| Virtual Programs | | | <p>#SeamlessTransitions 10:00-11:30 AM Zoom 4 Years <i>*ending June 29th</i></p> <p>#MakeItWednesday 12:00 PM Facebook Live 2- 6 years</p> | |
| Indoor Programs | | | | <p>Play and Learn 9:30-11:30 AM Aldergrove P.S. Birth-6 years</p> <p>Seamless Transitions 1:00-3:00 PM Aldergrove P.S. 4 Years <i>*ending July 07th</i></p> |
| Outdoor Programs | <p>Walk and Splash 10:30-11:30 AM Ashton Meadows Park Birth-6 years</p> | <p>Stroller Walk 10:30-11:30 AM Too Good Pond Park Birth-6 years</p> <p>Art in the Park 12:00-1:00 PM Too Good Pond Park Birth-6 years</p> | | |

Program Descriptions

Walk and Splash - Join us as we take a stroll along a winding, tree-covered path and end up at the splash pad which is a great way to keep us cool while having fun at Ashton Meadows Park (Mondays AM). Registration Required. To register, please email markham.capc@gmail.com and include: names of adult(s) & child(ren), and phone number.

Stroller Walk- Lets stretch our legs, work our muscles and chat while we enjoy a stroller walk in the great outdoors at The Too Good Pond Park (Tuesdays AM). **Registration required.** To register, please email markham.capc@gmail.com and include: names of adult(s) & child(ren), program name, day of the week and phone number.

#SeamlessTransitions - This interactive parent-child program is for children who are entering Kindergarten in September 2022. This six-week program focuses on nurturing the four foundations of learning; belonging, well-being, expression and engagement that children organically pursue which support optimal learning and a healthy environment. CAPC Educators will support children and their families by providing activities, resources and tips on how to support your child's transition to school. This program is being offered **virtually** through **Zoom** (Wednesdays AM) and **in person** at Aldergrove P.S. (Thursdays PM). **Registration required.** To register, please email markham.capc@gmail.com and include: names of adult(s) & child(ren), and phone number. **(In person program ends July 07th, virtual program ends June 29th)**

Art in the Park - In this program we enjoy the wonderful space at Too Good Pond Park (Tuesdays PM) and engage in music and movement activities that stimulate creative, physical, active and social experiences. **Registration required.** To register, please email markham.capc@gmail.com and include: names of adult(s) & child(ren), program name, day of the week and phone number.

Play and Learn - This program is in person and is for 0 - 6 aged children and their parents/caregivers. The focus is on supporting your child's learning through play. Each week includes an assortment of activities that encourage children to use their five senses and movement to explore and discover at Aldergrove P.S. (Thursdays AM). **Registration required.** To register, please email markham.capc@gmail.com and include: names of adult(s) & child(ren), and phone number.

#MakeItThursday - Join us and learn new ideas and create together in the comfort of your home.

Registration for programs opens on May 20, 2022 at 9:00AM.

Join our private Facebook group for virtual programs, by visiting:

<https://www.facebook.com/groups/markhamcapc> 

Registration Information for Outdoor CAPC Programs

- Outdoor programs will be held in community parks/forests that offer easy accessibility, the capability to physical distance and the enjoyment of nature.
- To register, please email markham.capc@gmail.com and include: names of adult(s) & child(ren), program name, day of the week and phone number.
- Outdoor programs will run rain or shine, dress accordingly. In the event of extreme weather conditions, families will be contacted.
- Feel free to bring your own nut-free snack.

Registration Information for Indoor CAPC Programs

- Indoor programs will be held at Aldergrove P.S.
- To register, please email markham.capc@gmail.com and include: names of adult(s) & child(ren), program name, day of the week and phone number.
- Feel free to bring your own nut-free snack.

Individual Family Support

If you would like to connect with a CAPC Educator, visit [CAPC Family Support](#) and provide your contact information. An Educator will respond to your request.

Additional Information

For more information and resources please visit, like and follow:



Website: [York Child Development and Family Services Inc.](#)



Facebook: [York Child Development & Family Services Inc.](#)



Instagram: [York Child Development & Family Services Inc.](#)