

JUNE 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
Virtual Programs	<p>#StoryStretchers 3:00 PM Facebook Live Birth-6 years</p>	<p>#MorningCircle 9:00 AM Facebook Live Birth -6 years</p>	<p>#SeamlessTransitions 10:00-11:00 AM Zoom 4 Years *ending June 29th</p>	<p>#MorningCircle 9:00 AM Facebook Live Birth -6 years</p>	
Indoor Programs	<p>Seamless Transitions 9:00-11:00 AM The Link 4 years (program begins May 30th)</p>	<p>Little Chefs 10:00-11:30 AM The Port Bolster Hall Birth- 6 years</p> <p>Splash N' Play 1:00-2:30 PM The Port Bolster Hall Birth- 6 years *DROP IN outdoor program</p>	<p>Stay and Play 9:00-11:00 AM The Link Birth-6 years</p> <p>Facilitated by EarlyON. Visit york.ca/EarlyON for details</p>		<p>Stay and Play 9:00-11:00 AM The Link Birth-6 years</p> <p>Facilitated by EarlyON. Visit york.ca/EarlyON for details</p>
Outdoor Programs			<p>Gardening 9:00-11:00 AM The Keswick Christian Church Birth-6 years</p>	<p>Walk and Splash 10:00-11:30 AM The ROC Birth-6 years</p>	

Program Descriptions

#MorningCircle - At our morning circle we will start our day with songs and a special quote!

Seamless Transitions - This interactive parent-child program is for children who are entering Kindergarten in September 2022. This six-week program focuses on nurturing the four foundations of learning; belonging, well-being, expression and engagement that children organically pursue which support optimal learning and a healthy environment. This program is being offered **IN PERSON** at The Link (Mondays AM) and **VIRTUALLY** (Wednesdays AM). CAPC Educators will support children and their families by providing activities, resources and tips on how to support your child's transition to school. **Registration Required.** To register, please email georgina.capc@gmail.com and include: names of adult(s) & child(ren), and phone number. **(In person program ends July 4th, virtual program ends June 29th)**

Gardening - Families will plant, cultivate, and harvest at our own CAPC garden plot! Learn healthy, easy recipes to cook with homegrown veggies and herbs, read, rhyme, explore, play, and hone your early gardening skills The Keswick Christian Church (Wednesdays AM). **Registration Required.** To register, please email georgina.capc@gmail.com and include: names of adult(s) & child(ren), and phone number.

Little Chefs - The kitchen is the best place to build positive and healthy relationships that we all want to nurture. Healthy habits start in childhood! Join us to prepare, make and eat a picnic style lunch at the Port Bolster Hall (Tuesdays AM). **Registration Required.** To register, please email georgina.capc@gmail.com and include: names of adult(s) & child(ren), phone number and any allergies if applicable.

Splash N' Play - Splashing and squealing, dumping and filling, pouring and swishing — water play provides endless fun for children and leads to discovery and learning at the Port Bolster Hall (Tuesdays PM). This is a **drop in program**.

Walk and Splash - Join us as we take a stroll along a winding, tree-covered path and end up at the splash pad which is a great way to keep us cool while having fun. **Registration Required.** To register, please email georgina.capc@gmail.com and include: names of adult(s) & child(ren), and phone number.

#StoryStretchers - Snuggle up in a cozy spot and get ready to relax and enjoy a story and some ways to S-T-R-E-T-C-H and integrate your children into a story with drama, games, crafts and sensory experiences.

Registration for programs opens on May 20, 2022 at 9:00AM.

Join our private Facebook group for virtual programs, by visiting:

<https://www.facebook.com/groups/georginacapc>



Registration Information for Outdoor CAPC Programs

- Outdoor programs will be held in community parks/forests that offer easy accessibility, the capability to physical distance and the enjoyment of nature.
- To register, please email georgina.capc@gmail.com and include: names of adult(s) & child(ren), program name, day of the week and phone number.
- Outdoor programs will run rain or shine, dress accordingly. In the event of extreme weather conditions, families will be contacted.
- Feel free to bring your own nut-free snack.

Registration Information for Indoor CAPC Programs

- Indoor programs will be held at the Link and Port Bolster Hall.
- To register, please email georgina.capc@gmail.com and include: names of adult(s) & child(ren), program name, day of the week and phone number.
- Feel free to bring your own nut-free snack.

Individual Family Support

If you would like to connect with a CAPC Educator, visit [CAPC Family Support](#) and provide your contact information. An Educator will respond to your request.

Additional Information

For more information and resources please visit, like and follow:



Website: [York Child Development and Family Services Inc.](#)



Facebook: [York Child Development & Family Services Inc.](#)



Instagram: [York Child Development & Family Services Inc.](#)