

## MAY 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
Virtual Programs	<p><b>#BirthdaySurprises</b> 3:00 PM Facebook Live 2 -6 years</p>		<p><b>#SeamlessTransitions</b> 10:00-11:00 AM Zoom 4 Years <b>*starting May 25th</b></p>		
Indoor Programs	<p><b>#SeamlessTransitions</b> 9:00-11:00 AM The Link 4 years <b>(program ends May 9th)</b></p> <p><b>#SeamlessTransitions</b> 9:00-11:00 AM The Link 4 years <b>(program begins May 16th)</b> <b>• no program on May 23rd - Victoria Day</b></p>		<p><b>#Stayandplay</b> 9:00-11:00 AM The Link Birth-6 years</p> <p>Facilitated by EarlyON. Visit <a href="http://york.ca/EarlyON">york.ca/EarlyON</a> for details</p>	<p><b>#PlayandLearn</b> 9:00-11:00 AM The Port Bolster Hall Birth- 6 years</p> <p><b>New program!</b></p>	<p><b>#Stayandplay.</b> 9:00-11:00 AM The Link Birth-6 years</p> <p>Facilitated by EarlyON. Visit <a href="http://york.ca/EarlyON">york.ca/EarlyON</a> for details</p>
Outdoor Programs		<p><b>#WheelsNMotion</b> 9:30-11:00 AM The ROC Birth-6 years</p>	<p><b>#Gardening</b> 9:30-11:00 AM The Keswick Christian Church Birth-6 years</p>		

## Program Descriptions

**#BirthdaySurprises**- Join us as we learn all about birthdays and celebrating special events through songs, stories, games and more.

**#SeamlessTransitions**- This interactive parent-child program is for children who are entering Kindergarten in September 2022. This six-week program focuses on nurturing the four foundations of learning; belonging, well-being, expression and engagement that children organically pursue which support optimal learning and a healthy environment. This program is being offered **IN PERSON** at The Link (Mondays AM) and **VIRTUALLY** (Wednesdays AM). CAPC Educators will support children and their families by providing activities, resources and tips on how to support your child's transition to school. **Registration Required.** To register, please email [georgina.capc@gmail.com](mailto:georgina.capc@gmail.com) and include: names of adult(s) & child(ren), and phone number. **(In person program ends May 9th and new session begins May 23rd, virtual program begins May 25th)**

**#Gardening**- Families will plant, cultivate, and harvest at our own CAPC garden plot! Learn healthy, easy recipes to cook with homegrown veggies and herbs, read, rhyme, explore, play, and hone your early gardening skills The Keswick Christian Church (Wednesdays AM). **Registration Required.** To register, please email [georgina.capc@gmail.com](mailto:georgina.capc@gmail.com) and include: names of adult(s) & child(ren), and phone number.

**#WheelsNMotion**- Join us for a wheelin' fun time! Bring your child's stroller, bike/trike (helmet), wagon or any wheel toy to ride around at The ROC (Tuesdays AM). We will navigate through various obstacles and training awareness. **Registration Required.** To register, please email [georgina.capc@gmail.com](mailto:georgina.capc@gmail.com) and include: names of adult(s) & child(ren), and phone number.

**#PlayAndLearn**- This open-ended program gives you and your child a chance to enjoy our play space, fun activities, and engage with other families at a safe physical distance at The Port Bolster Hall (Thursdays AM). **Registration Required.** To register, please email [georgina.capc@gmail.com](mailto:georgina.capc@gmail.com) and include: names of adult(s) & child(ren), and phone number.

**Registration for programs opens on April 22, 2022 at 9:00AM.**

Join our private Facebook group for virtual programs, by visiting:

<https://www.facebook.com/groups/georginacapc>



### Registration Information for Outdoor CAPC Programs

- Outdoor programs will be held in community parks/forests that offer easy accessibility, the capability to physical distance and the enjoyment of nature.
- To register, please email [georgina.capc@gmail.com](mailto:georgina.capc@gmail.com) and include: names of adult(s) & child(ren), program name, day of the week and phone number.
- Outdoor programs will run rain or shine, dress accordingly. In the event of extreme weather conditions, families will be contacted.
- Feel free to bring your own nut-free snack.

### Registration Information for Indoor CAPC Programs

- Indoor programs will be held at the Link and Port Bolster Hall.
- To register, please email [georgina.capc@gmail.com](mailto:georgina.capc@gmail.com) and include: names of adult(s) & child(ren), program name, day of the week and phone number.
- Feel free to bring your own nut-free snack.

### Individual Family Support

If you would like to connect with a CAPC Educator, visit [CAPC Family Support](#) and provide your contact information. An Educator will respond to your request.

### Additional Information

For more information and resources please visit, like and follow:



**Website:** [York Child Development and Family Services Inc.](#)



**Facebook:** [York Child Development & Family Services Inc.](#)



**Instagram:** [York Child Development & Family Services Inc.](#)