


## APRIL 2022

	Monday	Tuesday	Wednesday	Thursday
Virtual Programs	<b>#OutdoorMindfulness</b> 9:00 AM Facebook Live Birth- 6 years	<b>#RhymeWithMe</b> 10:30 AM Facebook Live Birth- 6 years	<b>#SpringtimeTales</b> 10:30 AM Facebook Live Birth-6 years	<b>#JuniorScientists</b> 10:30 AM Facebook Live 2 - 6 years
	<b>#SongsandStories</b> 12:30 PM Facebook Live Birth- 6 years	<b>#SongsandStories</b> 12:30 PM Facebook Live Birth- 6 years	<b>#SeamlessTransitions</b> 10:00 - 11:00 AM Zoom 4 years	<b>#SongsandStories</b> 12:30 PM Facebook Live Birth- 6 years
Outdoor Programs		<b>#MusicInThePark</b> 9:30-10:30 AM Frank Robson Park Birth-6 years	<b>Parent Webinar: Nobody's Perfect Parenting!... Adding to your toolkit</b> <b>Wednesday, April 20th, 2022</b> 12:00-2:00 PM <b>Zoom</b> To register: <a href="https://us02web.zoom.us/join/zoom/register/tZAsdOjprDMoE9PZpN1v1KMsW4DOH3CZMD73">https://us02web.zoom.us/join/zoom/register/tZAsdOjprDMoE9PZpN1v1KMsW4DOH3CZMD73</a>	
		<b>#StrollerWalk</b> 11:00-12:00 PM North Maple Regional Park Birth-6 years	<b>Outdoor Event: Let's Celebrate Earth Day</b> <b>Friday, April 22nd, 2022</b> 10:00 - 11:30 AM <b>Maple Nature Reserve - 10401 Dufferin Street, Maple</b> <b>To register:</b> email <a href="mailto:mbhogal@yorkchild.ca">mbhogal@yorkchild.ca</a> with your first and last name, child(ren) first and last name & contact number.	

## Program Descriptions

**#SongsandStories-** Join us for an interactive program full of songs, stories, rhymes, and finger plays.

**#RhymeWithMe-** In this program we will learn rhymes and songs which include a lot of holding, touching, smiling, bouncing and bonding.

**#SpringTimeTales-** Join us for some hands-on exploration and discovery that inspires play through a variety of activities such as sensory, creative, music and movement.

**#SeamlessTransitions-** This interactive parent-child program is for children who are entering Kindergarten in September 2022. This six-week **ZOOM** program focuses on nurturing the four foundations of learning; belonging, well-being, expression and engagement that children organically pursue which support optimal learning and a healthy environment. CAPC Educators will support children and their families by providing activities, resources and tips on how to support your child's transition to school. **Registration required.** To register, please email [mbhogal@yorkchild.ca](mailto:mbhogal@yorkchild.ca) and include: names of adult(s) & child(ren), and phone number.

**#JuniorScientists-** Join us for science experiments that are simple, visually stimulating, hands-on, and sensory-rich for discovery and exploration!

**#MusicInThePark-** In this program we enjoy the wonderful space at Frank Robson Park (Tuesdays AM) and engage in music and movement activities that stimulate creative, physical, active and social experiences. **Registration required.** To register, please email [mbhogal@yorkchild.ca](mailto:mbhogal@yorkchild.ca) and include: names of adult(s) & child(ren), program name, day of the week and phone number.

**#StrollerWalk-** Lets stretch our legs, work our muscles and chat while we enjoy a stroller walk in the great outdoors at The Nature Maple Reserve Park (Tuesdays PM) **Registration required.** To register, please email [mbhogal@yorkchild.ca](mailto:mbhogal@yorkchild.ca) and include: names of adult(s) & child(ren), program name, day of the week and phone number.

**Registration for programs opens on March 28, 2022 at 9:00AM.**

Join our private Facebook group for virtual programs, by visiting:

<https://www.facebook.com/groups/vaughancapc>



## Registration Information for Outdoor CAPC Programs

- Outdoor programs will be held in community parks/forests that offer easy accessibility, the capability to physical distance and the enjoyment of nature.
- To register, please email [mbhogal@yorkchild.ca](mailto:mbhogal@yorkchild.ca) and include: names of adult(s) & child(ren), program name, day of the week and phone number.
- Outdoor programs will run rain or shine, dress accordingly. In the event of extreme weather conditions, families will be contacted.
- Feel free to bring your own nut-free snack.

## Individual Family Support

If you would like to connect with a CAPC Educator, visit [CAPC Family Support](#) and provide your contact information. An Educator will respond to your request.

## Additional Information

For more information and resources please visit, like and follow:



**Website:** [York Child Development and Family Services Inc.](#)



**Facebook:** [Vaughan-CAPC](#)



**Instagram:** [York Child Development & Family Services Inc.](#)