

## APRIL 2022

	Monday	Tuesday	Wednesday	Thursday
Virtual Programs		<b>#STEM</b> 1:00 PM (Facebook Live) 3 - 4 years	<b>#SeamlessTransitions</b> 10:00 - 11:00 AM Zoom 4 years	
Indoor Programs				<b>#PlayAndLearn</b> 9:30-11:30 AM Aldergrove P.S. Birth-6 years
Outdoor Programs			<b>#MusicInThePark</b> 10:30-11:30 AM St. Matthew's Park Birth-6 years	<b>#OnTheMove</b> 12:30 - 1:30 PM Aldergrove P.S. Birth- 6 years

### Program Descriptions

**#STEM** - Tune in with your family for simple and fun ways to keep children learning, exploring and building through science, technology, engineering, and math.

**#SeamlessTransitions** - This interactive parent-child program is for children who are entering Kindergarten in September 2022. This six-week **ZOOM** program focuses on nurturing the four foundations of learning; belonging, well-being, expression and engagement that children organically pursue which support optimal learning and a healthy environment. CAPC Educators will support children and their families by providing activities, resources and tips on how to support your child's transition to school. **Registration required.** To register, please email [markham.capc@gmail.com](mailto:markham.capc@gmail.com) and include: names of adult(s) & child(ren), and phone number.

**#MusicInThePark** - In this program we enjoy the wonderful space at St. Matthew Park (Wednesday AM) and engage in music and movement activities that stimulate creative, physical, active and social experiences. **Registration required.** To register, please email [markham.capc@gmail.com](mailto:markham.capc@gmail.com) and include: names of adult(s) & child(ren), program name, day of the week and phone number.

**#PlayAndLearn** - This program is in person and is for 0 - 6 aged children and their parents/caregivers. The focus is on supporting your child's learning through play. Each week includes an assortment of activities that encourage children to use their five senses and movement to explore and discover. **Registration required.** To register, please email [markham.capc@gmail.com](mailto:markham.capc@gmail.com) and include: names of adult(s) & child(ren), and phone number.

**#OnTheMove** - Join us at Aldergrove P.S. Park as we engage in fun obstacle courses for the family which promote teamwork and social skills while also working on gross motor skills like balance and coordination! **Registration required.** To register, please email [markham.capc@gmail.com](mailto:markham.capc@gmail.com) and include: names of adult(s) & child(ren), and phone number.

**Registration for programs opens on March 28, 2022 at 9:00AM.**

Join our private Facebook group for virtual programs, by visiting:

<https://www.facebook.com/groups/markhamcapc> 

For registration, more information or to determine eligibility for free transportation to a program:  
Julia Houston, Markham Site Coordinator. Mobile: (905) 642-9965 or Email: [markham.capc@gmail.com](mailto:markham.capc@gmail.com)

## Registration Information for Outdoor CAPC Programs

- Outdoor programs will be held in community parks/forests that offer easy accessibility, the capability to physical distance and the enjoyment of nature.
- To register, please email [markham.capc@gmail.com](mailto:markham.capc@gmail.com) and include: names of adult(s) & child(ren), program name, day of the week and phone number.
- Outdoor programs will run rain or shine, dress accordingly. In the event of extreme weather conditions, families will be contacted.
- Feel free to bring your own nut-free snack.

## Registration Information for Indoor CAPC Programs

- Indoor programs will be held at Aldergrove P.S.
- To register, please email [markham.capc@gmail.com](mailto:markham.capc@gmail.com) and include: names of adult(s) & child(ren), program name, day of the week and phone number.
- Feel free to bring your own nut-free snack.

## Individual Family Support

If you would like to connect with a CAPC Educator, visit [CAPC Family Support](#) and provide your contact information. An Educator will respond to your request.

## Additional Information

For more information and resources please visit, like and follow:



**Website:** [York Child Development and Family Services Inc.](#)



**Facebook:** [York Child Development & Family Services Inc.](#)



**Instagram:** [York Child Development & Family Services Inc.](#)