

Community Action Program for Children - Vaughan

Virtual & In-Person Programs

Families with Children Ages 0-6 Years of Age

SEPTEMBER

Monday

#MorningCircle

(Zoom)
 9:30 AM

Join us for an interactive session full of songs, stories, rhymes, and fingerplays

#EatTheRainbow

(Facebook Live)
 12:00 PM

Join us as we explore the connections between healthy eating and fruits and vegetables as we learn to "Eat The Rainbow."

Tuesday

#MorningCircle

(Facebook Post)
 9:30 AM

Join us for an interactive session full of songs, stories, rhymes, and fingerplays.

#SimpleScience

(Facebook Live)
 12:30 PM

Join us for several science experiments that you can conduct along with us from home OR just watch to see what happens!

Wednesday

#MorningCircle

(Zoom)
 9:30 AM

Join us for an interactive session full of songs, stories, rhymes, and fingerplays.

#UrduSongsAndStories

(Facebook Live)
 12:30 PM

Join us for some interactive songs and stories in Urdu. A wonderful way to strengthen the mother tongue while building a foundation for learning. Also a wonderful opportunity to learn a language for non-Urdu speaking children.

#GuysAndLittles

(Zoom)
 1:00 PM

This is a program devoted completely to Dads, Grandpas, Uncles and male caregivers, and their children who want to engage in songs, stories, music and movement.

Registration required

Thursday

#WetlandWonders

(In-person - Outdoor)
 9:30 AM - 11:00 AM

Join us outdoors to explore the natural spaces and the wildlife that call them home. Discover why wetlands are important and get an up-close view of the amazing critters that live below the surface.

Mackenzie Glen District Park

220 Cranston Park Ave,
 Maple, ON L6A 2M4

Please note that due to this being an in person program, there will be a limit of 25 adult/children.

COVID19 Screening will be required. Registration required

Parenting & Managing Emotions
 Zoom
 Monday, September 27th, 2021 at 7:30 PM - 8:30 PM

This session will help parents and caregivers learn how to coach their children through difficult emotions and teach them the skills that they need to feel better and make better choices in the future.

To register:
<https://us02web.zoom.us/join/register/tZEvcO2orz4qG9LDtS7ttUivr8YvKSEFxy5s>

To participate in the virtual programming, receive updates and more information please request to join the private Facebook group for Vaughan families, by visiting: <https://www.facebook.com/groups/vaughancapc/>

For registration, more information or to determine eligibility for free transportation to a program: Manpreet Bhogal, Vaughan Site Coordinator. Mobile: (905) 806 - 1895 or email: manpreet.capc@gmail.com

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