

CAPC Fall Virtual Live & Outdoor Program For Markham Families September 14th to December 6th



Community Action Program
for Children (CAPC)

Follow our York Region Facebook page and/or join our private Markham FB group for FREE virtual programming, information and updates for you and your children.

Our CAPC York Region Facebook page can be found at [@CAPCYR](#). Follow us for general information and updates about CAPC and postings of interest.

To participate in the virtual programming, please request to join the private Facebook group for Markham families, by visiting: <https://www.facebook.com/groups/533652627309809/>



Live virtual programming (ZOOM LIVE CALLS)

Mondays: Parents and caregivers workshop (Topics: Stress in children, Eating & sleeping habits, positive behavior, etc.)

Tuesdays: Time: 10am - 10:40am. Parents and caregivers workshop (Mandarin).
Time: 12pm- 12:40pm. Kids Interactive Activities

Wednesdays: Time: 10am - 10:40am. Kids Show and Tell

Thursdays: Time: 10am- 11:30am. **Outdoor Finders Keepers activities (5 WEEK PROGRAM)**

Location: Aldergrove Public School Park **(COVID19 SCREENING REQUIRED)**

More info: – Akua Asamoah, CAPC Vaughan Site Coordinator:

OR email: markham.capc@gmail.com