

## OEYC Programs for One to Six Year Olds!

New research brings us the opportunity to experience and offer additional programs that can support our families in a variety of ways. One such example would be Bounce Back & Thrive, a resiliency based program for parents that we began this year, following extensive training in 2015.

But we continue to stand behind many of the OEYC programs that we have developed and fine tuned over the years based on best practice. Many of these are age specific, but we recognize the need for multi-age 1– 6 programs. You will find several of these highlighted here. Please remember that babes in arms are welcome in all programs. Should you have any questions, feel free to speak with a member of the OEYC York North team or email us at [oeycyorknorth@yorkchild.ca](mailto:oeycyorknorth@yorkchild.ca).

## Sensory Sensations

We know that young children are oriented toward sensory experiences. From birth, children have learned about the world by touching, tasting, smelling, seeing, and hearing. Sensory play also contributes in crucial ways to brain development. Think of it as “food for the brain.” As children explore sensory materials, they develop their sense of touch, which lays the foundation for learning other skills, such as identifying objects and using fine-motor muscles. The materials children work with in this program have many sensory attributes; they may be warm or cool, wet or dry, rough or smooth, hard or soft, textured or slimy.

Discovering and differentiating these characteristics is a first step in classification, or sorting — an important part of preschoolers’ science learning and discovery.



Each of the five weeks, will have us exploring the senses with a special activity. Families will have fun experimenting with a wide range of different materials and will learn to identify, compare and classify items as they investigate the world around them.

## Story Stretchers

This program offers an opportunity to explore a favourite story and bring ideas from the book into your everyday world.

We will read a book together and families will experience aspects of the story using a variety of early learning activities as we take the concepts and ideas discussed into all of our learning areas. We will integrate the children into the story with drama, games, crafts and sensory experiences.

Our stories may include:

- ☐ Mortimer
- ☐ The Very Hungry Caterpillar
- ☐ Mrs. McNosh Hangs Up Her Wash
- ☐ Knuffle Bunny
- ☐ Go Away, big, Green Monster



## Lively Times with Nursery Rhymes



Each week of this multi-aged program will look at a different nursery rhyme and show parents how the rhyme can be expanded

into other areas of play. Parents and children will participate in circle, creative activities, early reading experiences and sensory exploration.

Each week similar activities will be presented allowing children to become comfortable with further exploration of their experiences.

Many activities can easily be created at home, expanding experiences for both parents and children.

The program includes such traditional rhymes as Baa Baa Black Sheep; Humpty Dumpty; Little Miss Muffet and Mary Had a Little Lamb.

## Figure It Out!

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During this program parents and children will have fun learning about numeracy. A range of early learning activities will help you and your child discover the world of math. Join us in everyday activities and see the numbers, the patterns and the math that is all around us.

Each week we will explore a different concept that will expose your child to the basic skills necessary for success in school. Concepts will include: Counting, Length, Size, Shapes, Weight, and Sorting

Parents will have the opportunity to be part of group activities and discover that math can be fun.



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## Circle of Play

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Early Intervention Services and Ontario Early Years staff believe a team approach to working with families is the most effective. We all recognize that parents are the most important member of every child's team and this inclusive program is one example of working together as a team.

Circle of Play runs in partnership with Early Intervention Services and provides additional support for all families participating. Families and their children with special needs are welcomed into one of the centre's regularly run multi-age programs. The additional support allows all participants to enjoy wonderful new experiences and in partnership with Ontario Early Years staff, families gain new insights and understanding.

Families have the opportunity to speak with other parents and Early Intervention Services staff who will be on hand for every session.





Ontario Early Years, York North  
is operated by  
York Child Development & Family

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Ontario Early Years Main Site, Newmarket:

905-853-0754

Ontario Early Years Main Site, Georgina:

905-476-3834

VISIT US AT  
[WWW.YORKCHILD.CA](http://WWW.YORKCHILD.CA)



## Welcome Sarah!

Please join us in extending a warm welcome to Sarah, the newest member of the OEYC York North team. Born and raised in Newmarket, Sarah is a registered Early Childhood Educator, in addition to having attained her Bachelor of Education degree.

The mom of a 14-month old, Sarah has worked in the field for the past seven years and is looking forward to



bringing her energy

and enthusiasm to working with OEY families.

We are confident Sarah will be a wonderful addition to all of our programs, events and services and we look forward to introducing her through out the summer.

We are so very glad to welcome Sarah to our amazing staff team!

## Fun in the Parks!

### Tuesday

**Fun at Thornlodge Park  
Keswick**  
Fun in the Park  
**June 6 - Sept 12**  
9:00-11:00am

**Fun at Fairy Lake  
Newmarket**  
(Meet at the playground  
by Cane Parkway)  
**July 4 - Sept 12**  
9:00-11:00am

### Wednesday

**Fun at Anchor Park  
Holland Landing**  
Fun in the Park  
**July 5 - Sept 13**  
9:00-11:00am



### Thursday

**Strollers in Motion  
Fairy Lake, Newmarket**  
(Meet at the Gazebo by  
the second parking lot  
off Water St.)  
**June 15 - Sept 14**  
9:00-11:00am

### Friday

**Fun at Bonshaw Park  
Newmarket**  
Fun in the Park  
**July 7 - Sept 1**  
9:00-11:00am