



Child and Family Centre

# Roots of Empathy

## Kindergarten Classroom

Roots of Empathy's mission is to build caring, peaceful, and civil societies through the development of empathy in children and adults.

The focus of Roots of Empathy in the long term is to build capacity of the next generation for responsible citizenship and responsive parenting.

In the short term, Roots of Empathy focuses on raising levels of empathy, resulting in more respectful and caring relationships and reduced levels of bullying and aggression.

Part of our success is the universal nature of the program with all students are engaged in a positive manner. Our goals are to:

- foster the development of empathy
- develop emotional literacy
- reduce levels of bullying, aggression and violence, and promote children's pro-social behaviours
- increase knowledge of human development, learning, and infant safety

