



Child and Family Centre

Parenting with Confidence

Birth to 12 months

Fact or Fiction? How do the realities of parenting compare to the myths and the expectations?

In these sessions we hope to increase your awareness of what you mean to your child and how you affect and support the healthy development of your children.

We welcome open discussion with regard to parenting styles and parenting skills, as we view the award winning documentary "Babies."

Come and share your views and experiences, as we acknowledge and encourage the value of feeling confident as a parent.

