



Child and Family Centre

Parent Child Mother Goose

3 to 10 months

Mother Goose is a ten-week, interactive group experience for parents and their babies. This extraordinarily popular program focuses on the pleasure and power of using rhymes, songs and stories together.



Babies benefit from the consistent and enjoyable language experiences that provide the essential foundation for later print literacy.

Parents enjoy the comfortable group experience while learning to enhance positive family relationships and gain confidence in providing healthy early experience with language and communication during the crucial early years.