



Child and Family Centre

Intro to Tiny Toes

3-10 months

In this musically based program, parents and babies will be on the move! Movement is one of the most basic and natural ways that children explore their surroundings. Opportunities will be provided to stimulate parent and children's engagement in active, imaginative play which supports their ongoing physical, intellectual, emotional and creative growth.



This Intro will highlight our favourite activities from the 4-week program. There will be opportunities to participate in group activities, and to use props to encourage the babies to move. Ultimately, the goal is to enjoy the movement, feel energized and have fun developing a lifelong love of learning!

A baby carrier is beneficial, but not required.