



Child and Family Centre

Babytime Program

Birth - 12 months

Each week, a variety of guest speakers will provide families with topical information, as well as an opportunity to discuss issues related to children's health and development.

Dental Health, Early Literacy and Infant Nutrition are some examples of topics that may be covered in the Babytime Program.

Parents learn songs, games and rhymes that will enhance their infant's language development.

It is hoped that parents will increase their knowledge of and strategies to support healthy child development during this program. As well, they can expect ample opportunity to meet and socialize with other families.

